



Job Description: Group Facilitator, Older & Out Program

About Pacific Center: Founded in 1973, Pacific Center for Human Growth is the oldest LGBTQIA+ center in the Bay Area, the third oldest in the nation, and operates the only sliding scale mental health clinic for LGBTQIA+ and QTBIPOC people and their families in Alameda County. Pacific Center offers low cost individual, couples, and family mental health services; HIV support services; peer support groups; and vibrant youth and older adult programs.

About the Older Adult Program: Our Older & Out (O&O) provides 3 mental health support groups (2 in-person, 1 online) for LGBTQIA+ folks age 55+. The groups are led by trained mental health support group facilitators. Group members may be offered referrals to needed resources. Groups provide an opportunity for members to receive community support and explore personal growth. Program participants with severe mental illness (SMI) are assisted with referrals for any other additional needed services. Peer Specialists (Older & Out group members) assist facilitators with groups by helping with engagement and outreach.

Primary Responsibilities:

- Engagement with O&O Coordinator, other facilitators, and peer specialists regarding planning, reflective feedback, and program development
- May perform initial intakes of prospective group members and check-ins with members in between sessions
- Complete all required demographic and attendance paperwork in a timely and accurate manner
- Advise Older Adult Program Manager and O&O Coordinator regarding program design, training, consultations, outreach
- Turn in timesheets and mileage/parking reimbursement paperwork when due
- Notify Older Adult Program Manager and O&O Coordinator if a group member is especially stressed, acting out, or presenting behaviors that are beyond the scope of the group

Qualifications:

- Mental health training (mental health first aid, WRAP (Wellness Recovery and Action Plan), extensive peer support experience, group facilitation, experience with PEI (Prevention Early Intervention) programs, or mental health license
- Able and willing to work with Peer Specialists to create a safe, inclusive group space for LGBTQIA+ community and other diverse groups
- Understanding & knowledge of LGBTQIA+ older adult issues
- Able and willing to refer group members to additional resources as needed
- Experience running support groups will be prioritized
- Commitment to confidentiality and strong ethical values
- Willing and able to set appropriate and healthy boundaries
- Advocate for and model recovery and wellness



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- Able to attend regular Older & Out Group Facilitator meetings

Commitment:

The **Older & Out Group Facilitator** is required to participate in up-front training as well as ongoing support and training. There are required monthly meetings of the Older & Out Group Facilitators, as well as, the weekly group meetings for 90 minutes (8-week sessions).

Compensation:

Minimum of 5 hours per week/per group at \$30/hour. Includes group facilitation, check-ins, and paperwork. Timesheets to be submitted monthly.

Pacific Center for Human Growth is an equal opportunity employer and is committed to diversity in the workplace. People who will add to this diversity are encouraged to apply. Pacific Center is a 501C3 non-profit organization.

Interested candidates are requested to contact Shanna Bowie, Community Programs Director
shanna@pacificcenter.org