

tri-valley rainbows

A support group for LGBTQIA+ older adults 50+

Once a month
3rd Thursday
5:30 PM – 7:00 PM
via Zoom!



Tri-Valley Rainbows is a safe & confidential peer support group for LGBTQIA+ older adults age 50+ to share thoughts, feelings, resources, information & to support one another. It is a drop-in peer group, facilitated by trained peers.

For more info + link to join email: trivalleyrainbows@pacificcenter.org



PACIFIC
CENTER
FOR HUMAN GROWTH



DUBLIN
CALIFORNIA



MENTAL HEALTH & SUBSTANCE USE SERVICES